

NEW YORK
state department of
HEALTH

Nirav R. Shah, M.D., M.P.H.
Commissioner

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Executive Deputy Commissioner

90-day Notice – Consumer proposed edits

<Date>

<Case Name>

<Address>

<City, State><Zip Code>

Important news about a New Program that can Change the way you receive your Medicare and Medicaid Services

Dear <Consumer>

<CIN>

You are getting this letter because you have BOTH Medicare and Medicaid, and because you receive Medicaid long-term care services such as home care or nursing home care. Soon you will have the choice of getting your Medicare and Medicaid services, including your long-term care, through ONE managed care plan. The new plans are called **Fully Integrated Duals Advantage** or “**FIDA**” plans. If you do not want to change the way you receive your care you must “opt out” of these changes. Read the information we sent with this letter to learn more about FIDA.

How you receive Medicaid and Medicare services now –

Right now, you receive your Medicaid and Medicare services in one of these ways:

- ➔ You are in a **Managed Long Term Care** (MLTC) plan for your Medicaid home care, dental and vision care, nursing home care, and other long-term care services. You receive all of your other Medicare and Medicaid services (like

doctors, hospital, lab tests, and prescription drugs) outside of the MLTC plan.

OR

➔ You are in a **Medicaid Advantage Plus** plan. Medicaid Advantage Plus plans cover all of your Medicaid and Medicare services, including your doctors, long-term care services, and prescription drugs, under one plan.

OR

➔ **If you live in a nursing home** you might not be enrolled in a managed care plan at all. You might have Original Medicare for your doctors and hospital care, a Medicare Part D plan for prescription drugs, and Medicaid may be paying for your nursing home care separately.

What is changing?

You now have the option of enrolling in a **Fully Integrated Duals Advantage or “FIDA”** plan. A FIDA plan is a new type of managed care plan for adults age 21 and older who have both Medicare and Medicaid, and who receive Medicaid long-term care services such as home care or nursing home care. Unlike MLTC, a FIDA plan coordinates and provides all of your Medicare and Medicaid benefits, including all doctors, long-term care and prescription drugs. You must use medical providers who are in the FIDA plan’s network. You will continue to have access to all of the services and supplies you have now, **all within one managed care plan.**

If you enroll in a FIDA plan, a **Care Manager** will work with you and a team of your providers and others you choose to develop a **Person-Centered Service Plan (PCSP)** that will assist you in getting the care, services, and drugs you need. This is called “care coordination.”

What are your choices?

1. Choose a FIDA Plan.

If you want to enroll in a FIDA plan, contact New York Medicaid Choice to choose a FIDA plan. New York Medicaid Choice can be reached toll free at 1-855-600-FIDA or 1-855-600-3432 (TTY: 1-888-329-1541). If you choose a FIDA plan by September 20, 2014, your new FIDA plan will begin on October 1, 2014. Once you enroll in the FIDA plan, the FIDA plan will provide all of your Medicare and Medicaid services. You will no longer be enrolled in your current MLTC plan or Medicaid Advantage Plus plan. You will no longer have Original Medicare or a Medicare Advantage plan. You will only have a FIDA plan, and you will need to use doctors and other providers in the FIDA plan's network.

OR

2. Opt out of FIDA.

If you do not want to be in a FIDA plan, you must call New York Medicaid Choice and tell them you want to "opt out" of FIDA. New York Medicaid Choice can be reached toll free at 1-855-600-FIDA or 1-855-600-3432 (TTY: 1-888-329-1541). If you opt out of FIDA, you will continue receiving your Medicaid and Medicare services as you do now.

OR

3. Do nothing – and be Automatically Enrolled into a FIDA Plan.

If you do nothing, New York Medicaid Choice will pick a FIDA plan for you and enroll you into that plan. New York Medicaid Choice will try to pick a FIDA plan that will allow you to continue using your current doctors and other health care providers. However, it may not be possible to put you in a FIDA plan that will allow you to continue to see all of your current doctors and other health care providers. Your new FIDA plan will begin <enter Passive enrollment effective date>. You will no longer be enrolled in your MLTC or Medicaid Advantage Plus plan, and will no longer have Original Medicare or a Medicare Advantage plan.

What if I am enrolled in FIDA and no longer want to be?

You may disenroll from FIDA at any time. If you disenroll from FIDA, you will go back to Original Medicare for your doctors and hospital care. You will then need to enroll in a Managed Long Term Care plan to receive Medicaid home care and other long term care services and a Part D plan for prescriptions.

What happens next?

Over the next few weeks you will receive letters and information from New York Medicaid Choice (NYMC). New York Medicaid Choice helps the state with FIDA Plan enrollments. The letters from NYMC will explain your choices. If you do not select a FIDA plan or do not “opt out” of FIDA, NYMC will tell you what FIDA plan you will be enrolled in.

What can you do now?

- Share this letter with your family or someone who knows about your health care needs, such as your doctor, local senior center or independent living center.
- Watch your mail for a packet from New York Medicaid Choice.
- Call New York Medicaid Choice to learn about your choice to select a FIDA Plan or “opt out” of FIDA and keep your current coverage. If you do nothing, a FIDA plan will be chosen for you.

CONTACT

New York Medicaid Choice (NYMC)

1-855-600-FIDA or 1-855-600-3432; TTY: 1-888-329-1541

Monday to Friday 8:30 am to 8:00 pm

Saturday 10:00 am to 6:00 pm

Website www.nymc.com

How To Request Letter in Alternate Format or Language

This letter and the FIDA booklet are available in Braille, large-print, audio edition, or in other languages:

Spanish Russian Chinese Italian
Haitian-Creole Korean

We also have free interpreter services to answer any question you may have. To get an interpreter or request this letter in an alternate format, just call New York Medicaid Choice at [1-855-600-FIDA](tel:1-855-600-FIDA) or [1-855-600-3432](tel:1-855-600-3432) (TTY: 1-888-329-1541)

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- 1. Refer to FIDA OMBUDS**
- 2. Refer to 1-800-MEDICARE (see comments in Excel)**