

**90-day notice**

<Date>

<Case Name>

<Address>

<City, State> <Zip Code>

**Important news about FIDA, a new Program to provide all of your healthcare and long term services and supports**

Dear <Consumer>

<CIN>

We are excited to tell you about a new program called FIDA (the Fully Integrated Duals Advantage program). FIDA promotes your health and your goal to live independently. FIDA started on October 1, 2014. FIDA is for eligible adults age 21 and older who have disabilities or long term health problems and who have both Medicare and Medicaid.

The FIDA program will bring together your Medicare and Medicaid benefits and will cover additional services. The goal of FIDA is to make it easier for you to receive the complete care you need.

Through FIDA, you can choose a managed care plan (a FIDA Plan) to provide all your Medicare and Medicaid items, services, and drugs. FIDA Plans cover all the health care, the community-based or facility-based long term services, and supports, and drugs that you get now or that you might need. You will continue to have access to everything you have now plus additional items and services you don't have now.

You will also have a **Care Manager** who will coordinate all the services you need. Your **Care Manager** will work with you and a team of your providers and others you choose to develop a Person-Centered Services Plan that will list the items, services, and drugs the FIDA Plan will provide to help you meet your needs and reach your goals.

We have included some more information about FIDA with this letter. We also included a list of FIDA Plans that serve the area where you live.

**What happens next:**

Over the next few weeks you will receive letters and information from New York Medicaid Choice (NYMC). New York Medicaid Choice helps the state with FIDA Plan enrollments. The letters will have additional information about the services you will get from a FIDA Plan and how to enroll in a plan of your choice. The letters from New York Medicaid Choice will ask you to choose a FIDA Plan or

choose to ‘opt out’ (decide not to enroll in a FIDA Plan). In time, if you do not make a choice to enroll into a particular plan or opt out, New York Medicaid Choice will pick a plan for you and enroll you into that plan.

### **What you can decide and do now**

We recommend that you share this letter with your family or the persons who help you make your service choices. There is also information available online at [www.nymc.com](http://www.nymc.com).

You may also call New York Medicaid Choice now to learn about your choices and to select a FIDA Plan. Call 1-855-600-FIDA, Monday to Friday, from 8:30 am to 8:00 pm and Saturday, from 10:00 am to 6:00 pm. TTY users can call 1-888-329-1541. You can also visit our website at [www.nymc.com](http://www.nymc.com). The call and the assistance are free.

If you have questions at any time about Medicare or need help with your Medicare options, call 1-800-MEDICARE (1-800-633-4227) 24 hours a day, 7 days a week or visit [www.medicare.gov](http://www.medicare.gov). TTY users should call 1-877-486-2048. The call and the assistance are free.

If you do not want to join a FIDA Plan, you are free to opt out by calling New York Medicaid Choice at 1-855-600-FIDA. New York Medicaid Choice counselors will be available to assist you.

Sincerely

New York State Department of Health

**HEALTH.NY.GOV**  
facebook.com/NYSDOH  
twitter.com/HealthNYGov